



## 2021 Walk to Bethlehem



### Week 4 Meditation

### Beautiful Feet

*“How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation, who say to Zion, “Your God reigns.”*

Isaiah 52:7

Good news! The house is sold! I landed the job! I aced an exam! The tumor is benign! I got a raise! My baby’s healthy! I won the election! I’m pregnant! I’m accepted to medical school! My team won! I hit a home run! I’m getting married!

There is nothing like the feeling of exhilaration when we receive good news. It lifts our spirits, puts joy in our step and sends immune enhancing endorphins into our blood stream. Nothing seems impossible when we receive good news!

Monumental news in the New Testament was frequently announced by the appearance of an angel. An angel came to Mary and announced the coming birth of the Savior (Luke 1:28). Two angels announced to the women who raced to the tomb on that first Easter morning that the Savior had risen (Luke 24:4-8). The women ran to tell the disciples the good news. Their feet were beautiful! “How beautiful on the mountains are the feet of those who bring good news” (Isaiah 52:7). Two thousand years later we are the proclaimers of that good news of the Gospel here on the earth. We can still tell the Good News that God came to earth in the form of a babe and that His message of redemption, forgiveness, peace and love is as relevant today as it was two thousand years ago!

**Watch This Video!** Place your mouse over the link words and hit the “Ctrl” key and click your mouse. <https://www.youtube.com/watch?v=g3tkUKVAIBk>

*Ponder these questions this week and please send your thoughts (and any pictures) to:*  
[stpaulwtb@gmail.com](mailto:stpaulwtb@gmail.com)

*Questions to ponder:*

- 1. Have you received good news lately?*
- 2. Have you given good news to anyone lately?*
- 3. Have I neglected telling good news to someone recently because of my busyness or preoccupation with the stuff in my life?*
- 4. Can one become desensitized to good news?*