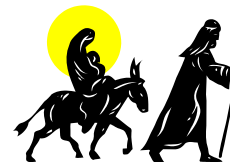




2021 Walk to Bethlehem



WEEK 8 Meditation

The LIGHT of the World

*“The people walking in darkness have seen a great light;
On those living in the land of the shadow of death, a light has dawned.” (Isaiah 9:2)*

Photophobia is a condition that affects many individuals. It is described as the inability to tolerate light. This can include sunlight, fluorescent light or in extreme cases even daylight. One of the primary causes of this condition is the presence of cataracts. These cataracts cloud the vision and cause the sensitivity to light. Cataract surgery is a relatively routine procedure these days and most who have the surgery are amazed at how clearly, they can see after the surgery. They usually comment that they had no idea how clouded their vision had been and they are amazed at the clarity of detail and brilliance of colors after the surgery.

The shepherds were overcome with awe and wonder when they saw the light of a multitude of angels announcing the Savior’s birth. The light did not blind them, however. They saw clearly and reacted appropriately.

Are there times when our vision seems cloudy and we can’t tolerate the Light of Truth? Cloudy vision in our faith walk prevents us from discerning God’s call, recognizing the Shepherd’s voice and moving forward in faith. We can protect our physical eyes by wearing ultraviolet sunglasses, but to maintain clear spiritual vision requires time spent in God’s Word, time spent in prayer and time spent worshipping our Lord Jesus Christ.

When our physical vision is cloudy, we shrink from the light and the colors are dull. When our physical vision is clear and healthy, we welcome the light and even desire to be closer to the light. When our vision is compromised, we prefer to remain in the dark.

May we always have clear vision and desire to be close to the Light of Christ!

See the video link below. [Place your mouse over the link words and hold the “Ctrl” key and click your mouse.]

<https://www.youtube.com/watch?v=wN5SILxm55Q>

Questions to ponder:

1. *What’s the darkest place you’ve ever been? How did it feel?*
2. *Christ came to be the light to the world and says we, too, must be His light to the world. What does that mean to you?*
3. *What steps can you take to improve your spiritual vision?*