

Retreat in Daily Life For Women

Participant Information Form

Name _____ Date of Birth _____

Address _____ Zip _____

Phone _____ (cell) _____

E-Mail _____ Church name/affiliation _____

Reflecting on these questions will aid you and the director in deciding how best to aid you with your desire to make this retreat. Please feel free to add a page for your answers if needed.

Return the form to St. Paul's parish office attention Deborah Dellumo by September 13, 2024

1. Why are you interested in praying with the Spiritual Exercises of St. Ignatius Retreat in Daily Life for Women at this time?
2. What are your hopes and desires in making this retreat?
3. Describe your spiritual life as you perceive it at this time in your life, (e.g., Your current relationship with God, the nature of your prayer--please describe).
4. Can you recall or name a 'touchstone' experience of how God has touched you in a personal way or how you have experienced God's presence in your life or prayer experience? Please name this experience(s) and *describe* how it affected you.

5. Please describe your present habit of prayer, how often a week, the length of your prayer period, your familiarity with praying with Scripture, or other methods of prayer.

6. What experience have you had in Ignatian Spirituality?

7. Is there anything in your life that you think would be an obstacle to committing to 30 – 60 minutes of daily prayer, twice-a-month group retreat sessions, and once-a-month spiritual direction? (Individual Spiritual Direction sessions are arranged with the Spiritual Director).

8. Have you ever experienced spiritual direction in any form?

Are you willing to share your prayer with your spiritual director and receive guidance?

9. Would you be willing to share faith in the group sessions?

Thank you for your interest in praying the retreat, after the information forms are received, you will be scheduled for a personal interview. May God bless you!